


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Brunswick Senior Center						Department of Aging trips for JULY: July 15 – Riverside Inn Annapolis, MD July 22 – Trolley Museum Colesville, MD For reservations or more details about trips please see trip flyer or call for more details 301-600-1605
3	4 CENTER & County Offices CLOSED <small>Independence Day</small>	5 9:00 Strength Tr 10:00 Cards 10:30 Wii 1:00 Craft Quilted Project	6 9:30 Card Games 10:00 Video Ex 11:00 Craft w/kids 12:00 Birthday Cake & Ice Cream 12:45 Bingo	7 9:00 Strength Tr. 10:00 Wii Bowling 10:00 Card games 10:30 Walking group 11:00 Library 1:00 Local shopping	8 10:00 Games 11:15 Chair YOGA 1:00 Coloring Pages	9
10	11 CENTER CLOSED	12 9:00 Strength Tr. 11:30 Church Lunch 1:00 Puzzle game 2:00 Floral Craft 5:30 Card Party	13 9:30 Card Games 10:30 Nurse Steve Blood Pressure Screening & Mobile I & A 12:45 Bingo	14 9:00 Strength Tr. 10:00 Card Games 10:30 Walking group 11:00 Library 11:45 Trivia 1:00 Local shopping	15 10:00 Card Games 11:15 Chair YOGA 1:00 Coloring pages	16
17	18 CENTER CLOSED	19 9:00 Strength Tr. 10:00 Rummy 10:30 Wii Bowling 12:00 Puzzles 5:30 BINGO	20 10:00 Video Exercise 11:00 Lunch Out with Friends	21 9:00 Strength Tr. 10:00 Card Games 10:00 Wii Bowling 10:30 Walk the tow path to Aqueduct 11:00 Library 11:45 Trivia	22 10:00 Card Games 11:15 Chair YOGA 1:00 Coloring pages	23
24	25 CENTER CLOSED	26 9:00 Strength Tr. 10:00 Rummy 10:30 Wii Bowling 5:30 Card Party	27 11:00 – 2:00 PICNIC CITY PARK	28 CENTER CLOSED Staff in service	29 10:00 Card Games 11:15 Chair YOGA 1:00 Coloring Pages	30
Brunswick Senior Center “Where the finest people meet”						